

Trench Camp Checklist

This checklist is designed to help you make sure you get the most out of our camp by coming prepared and ready to practice.

--You must supply your own helmet, pads, pants, shoes and general football camp attire (including mouthpiece). We will not be renting any equipment so it is mandatory that you bring your own. Without the proper equipment, you will not be allowed to participate in the sessions.

You are not required to bring a signed consent form with insurance information attached. By clicking "Submit" after registering your player, you agree to our Terms and Conditions. You may still view or download our complete Consent Form online.

--The camp will supply lunch and beverages (water & Gatorade) during the day. If you have special dietary requirements you must bring those foods with you. The camp will not have the ability to meet any special dietary needs. If you need additional food other than lunch, you will need to provide that yourself.

--Please show up at least 15-30 minutes before the start of the morning session each day. Plan on showing up at 9:30 AM on Friday, July 9 so we can check you in, and make sure you are paid for and registered for the camp. The opening session begins at 10:00 AM.

--The camp will conclude at 4:00 PM each day (except on Sunday when we will finish at noon). Please make sure that you have transportation available immediately following each day's practice. We will be closing the facilities approximately 15-30 minutes after the end of each session

Please contact us at (213)228-3540 if you have any questions or special requirements.

**TRENCH
CAMP**

"GET YOUR HAND IN THE DIRT"